



# South Landing Property Owners Association, Inc.

2060 FALLING STREAM • SANFORD • NC 27332

South Landing News is published & distributed quarterly by the Board of Directors: President (Acting): Ed Nelson,  
Vice President: Vacant, Secretary: Ken Hudson Treasurer: Doug Wood, CTA Rep: Joe Zanga,  
Architectural: Tom Soebbing, Grounds and Maintenance: Edward Nelson, Social: Eileen Soebbing, Communications: Pam Stockton

**Summer Issue 2022**

**SLPOA Email: [southlanding@gmail.com](mailto:southlanding@gmail.com)**

**Website: [southlanding.org](http://southlanding.org)**

## President's Corner

We've made it though to the summer and I'm very glad to see the Sunday afternoon get together at the pool taking off so well. This is an informal get together at 5:00 p.m. on Sundays. You can bring light snacks to share and beverages of your choice. If you haven't been able to attend please try to make time as it is a great way to meet and get to know your neighbors.

I was also very pleased in the way the community came together in support of the loss of one of our residents, so thanks again to all who participated.

The CTA is working on establishing an official committee to address the lake and dam issues. They are looking to add more carp to the lake in an effort to control the hydrilla problem. They are reluctant to use chemicals as the golf course uses the lake water and are afraid that it will kill the grasses.

Lee County has enacted a sticker program at the container waste sites. If you don't have the sticker displayed on the drivers side windshield you will be turned away.

We're always looking for ways to improve our community so if you have ideas please submit them to any board members. Please remember we have a limited budget but good projects can be included into next years plans.

## Summer Threats

North Carolina often reports the highest number of people with Rocky Mountain Spotted Fever (RMSF) in the United States. Several illnesses transmitted by ticks are found in North Carolina are:

[Ehrlichiosis](#)

[Lyme disease](#)

[Rocky Mountain Spotted Fever \(RMSF\) and other Spotted Fever](#)

[Rickettsial Diseases \(SFR\)](#)

## [STARI \(Southern Tick-Associated Rash Illness\)](#)

350 people contracted Lyme disease in 2019 in North Carolina and Ticks (which can carry RMSF can be found year-round, but they are most prevalent from late spring to early fall. Ticks are small, bloodsucking arthropods that can transmit diseases to humans and animals. Most of the tick-borne diseases in North Carolina are from a bacterial infection and can cause flu-like symptoms in people. They can be treated with antibiotics if caught early. Untreated, they may lead to serious health problems, including death in rare cases. Most tick-borne illnesses are characterized by a rash, fever and flu-like symptoms, including fever, headache muscle aches and joint pain. Prompt medical treatment, often with antibiotics, helps alleviate symptoms and prevent the development of more serious illness and long-term after effects. Even after being bitten, it takes several hours for

the tick to transmit the pathogen. Prompt removal can greatly reduce your chances of becoming ill. After being outdoors, a thorough "tick check" can help you detect any unwanted passengers. Pay particular attention to the scalp, and any areas where clothing is tight, such as waistbands, groin, armpits, etc. where ticks like to hide. If a tick is found, remove it by grasping with cleaned tweezers as close to the skin as possible and slowly and firmly pulling straight out until the tick lets go. Nail polish, petroleum jelly or hot matches will not make a tick let go. Wash your hands and the bite area with soap and water, and clean the bite with disinfectant. For later identification should you become ill, you can save the tick in a jar, plastic bag or tape it to an index card using clear tape. Make sure you write down the date the tick was removed. If you develop any flu-like symptoms over the next several weeks, see your doctor and let him/her know you were bitten. Research from the 80s suggests that ticks are active from 6a.m. to 9p.m. and most active from 6a.m. to noon. You can reduce your chances of acquiring a tick-borne illness by using a quality insect repellent that contains DEET and is rated for Ticks such as OFF, deep woods sportsman, Repel, sportsman or Permethrin for clothing, gear and tents, wear light-colored clothing when going to areas where ticks like to live, so ticks will be easier to see. Wear a long-sleeved shirt

tucked into long pants. Tuck long pants into socks, walk on paths, avoid tall grasses, bush, areas, deep woods and leaf litter. Remember to treat your pets that spend time outdoors for ticks. There are tick repellents especially made for pets. Follow product directions.

## **Social Events**

We had a great pool opening party in spite of a little rain!

South Landing friends and neighbors who are interested are meeting at the pool on Sundays from 5 - 7 for chatting and snacks! Feel free to join in!

Bring a dish to pass such as an appetizer or dessert and whatever beverage that you prefer! There can't be any glass in the pool area! Hope to see you there!

## **Pool Aerobics**

Come join the pool aerobics group on Mondays - Fridays at 10:00 a.m. at the pool. Everyone is welcome! A great way to beat the summer heat and stay in shape!

## **New Neighbors**

Please welcome our new South Landing residents!

Megan, Doug and Whitney Tomlinson at 1151 Deerfoot Trail

Don and Laurie Rasbridge at 1106 Pineside Trail

## **Summer Pick-up**

Summer pick-up of tree limbs, trimmings and yard waste is set for 25 July 2022 so you should start setting your tree limbs and trimmings out near the roads for easy pick-up. Remember no bagged material.

Your assistance will help reduce annual costs and help keep our community looking great. If you have questions or comments, please contact Ed Nelson at (910) 488-8007.

## **Architectural Committee**

Summer is here and so is the heat. There are many things you can do to help keep cool and save some expense, all of which are easily found on line. Just replacing a dirty HVAC filter can make a significant difference in efficiency, which relates to a lower cost. The thing I think least understood is where to set a thermostat. The theoretical best temperature change from current systems is 22 degrees, while the real world number is closer to 20. If it is 95 or more, and you keep your system at 72, it runs almost constant trying to do something it can't.

Remember all improvements must be cleared by the Architectural Committee before work begins.

**SLPOA Email:**  
**[southlanding@gmail.com](mailto:southlanding@gmail.com)**  
**Website: [southlanding.org](http://southlanding.org)**